## **Basic H&S Training Checklist**

Full name of Trainee	
Staff ID or Matric Number (if known)	
Email Address	
LSD Username (if known)	
Designation	▼
Affiliation	▼
Supervisor/Line Manager	
Short term visitor? (4 weeks or less)	▼
Trainer	▼
For All Personnel	For Laboratory Personnel
On-line Induction Training	Personal Protective Equipment
Emergency Numbers	Gloves & adverse reactions
Fire Exits & Assembly Point	Safety shower and eye-wash stations
Fire breakglass, blankets & extinguishers	Laboratory chairs
First Aid	Access to the NMR Corridor
Reporting accidents/incidents/near misses	Will you be working with radioisotopes?
Access to Safety Services & Occ Health	Will you be working in the TC Suites?
Access to CLS H&S web site & RA Databases	Will you be using centrifuges?
Location of Safety Notice Boards	Will you be using liquid nitrogen?
University No Smoking Policy	Will you be using compressed gas cylinders?
Lone & Out of Hours Working	Comments
Work Related Stress	
Children on CLS Premises	
Passing through lab areas	Signature of Trainee
Workplace Ergonomics	
General waste disposal routes	