

PROPERTIES OF COMMONLY USED RADIONUCLIDES

Nuclide	Half-life	Type of emission	E _{max} of principal emission (MeV)	Monitoring Method	Range in air	Absorber	Shielding	Other Comments
³ H	12.28 y	β	0.019	Wipe test	4.7mm	Air	None required	Cannot penetrate the outer, dead layer of skin.
¹⁴ C	5730 y	β	0.156	EP15/EL	22cm	Thick paper /thin card	None required	Prolonged contact with skin can deliver significant dose.
³⁵ S	87.4 d	β	0.167	EP15/EL	24cm	Thick paper /thin card	Perspex for > 1mCi amounts	Some compounds are volatile, e.g. ³⁵ S methionine. Handle in fume hood & use traps during incubation. Prolonged contact with skin can deliver significant dose.
³³ P	25.4 d	β	0.249	EP15/EL	46cm	3mm Perspex	Perspex ≥ 3mm thick	Gloves + outer dead layer of skin give adequate protection to hands during normal operations but prolonged contact with skin can deliver significant dose.
³² P	14.29 d	β	1.71	E/EP15/EL S/SL	6m	6mm Perspex	Perspex ≥ 6mm thick	Significant eye/skin dose hazard. Use forceps or tongs whenever possible. Always use shielding. For mCi amounts, shield Brems by placing lead sheet (3-6mm) around primary Perspex shield or use a Duo-shield ¹ .

¹Duo-shield - a regular Perspex shield with a layer of leaded Perspex fastened to the surface facing the worker.

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^{125}I	60.14 d	γ X-rays	0.035 0.027 & 0.031	42/44 A or B	135m (for 99% reduction)	Lead HVL ¹ = 0.02mm	1mm lead sheet or 1cm leaded Perspex	Compounds are volatile - handle in fume hood & use traps during incubation. If inhaled, 30% concentrates in the thyroid ² where it can be detected with a 42/44 probe.
^{51}Cr	27.7d	γ X-ray	0.32 0.005	42/44 B are best but type A is OK	337m (for 99% reduction)	Lead HVL = 1.7mm	0.5-1 cm lead	When this thickness of lead is not practical, use thinner sheets or leaded Perspex, but minimise time and maximise distance.

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Half Value Layer

The shield thickness necessary to reduce exposure by 50%. Varies according to shielding material.



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