

## PROPERTIES OF COMMONLY USED RADIONUCLIDES

Nuclide	Half-life	Type of emission	E <sub>max</sub> of principal emission (MeV)	Monitoring Method	Range in air	Absorber	Shielding	Other Comments
<sup>3</sup> H	12.28 y	β	0.019	Wipe test	4.7mm	Air	None required	Cannot penetrate the outer, dead layer of skin.
<sup>14</sup> C	5730 y	β	0.156	EP15/EL	22cm	Thick paper /thin card	None required	Prolonged contact with skin can deliver significant dose.
<sup>35</sup> S	87.4 d	β	0.167	EP15/EL	24cm	Thick paper /thin card	Perspex for > 1mCi amounts	Some compounds are volatile, e.g. <sup>35</sup> S methionine. Handle in fume hood & use traps during incubation. Prolonged contact with skin can deliver significant dose.
<sup>33</sup> P	25.4 d	β	0.249	EP15/EL	46cm	3mm Perspex	Perspex ≥ 3mm thick	Gloves + outer dead layer of skin give adequate protection to hands during normal operations but prolonged contact with skin can deliver significant dose.
<sup>32</sup> P	14.29 d	β	1.71	E/EP15/EL S/SL	6m	6mm Perspex	Perspex ≥ 6mm thick	Significant eye/skin dose hazard. Use forceps or tongs whenever possible. Always use shielding. For mCi amounts, shield Brems by placing lead sheet (3-6mm) around primary Perspex shield or use a Duo-shield <sup>1</sup> .

<sup>1</sup>Duo-shield - a regular Perspex shield with a layer of leaded Perspex fastened to the surface facing the worker.

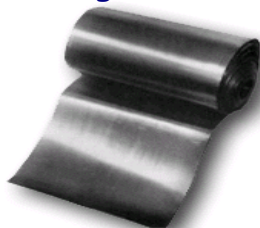
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$^{125}\text{I}$	60.14 d	$\gamma$ X-rays	0.035 0.027 & 0.031	42/44 A or B	135m (for 99% reduction)	Lead HVL <sup>1</sup> = 0.02mm	1mm lead sheet or 1cm leaded Perspex	Compounds are volatile - handle in fume hood & use traps during incubation. If inhaled, 30% concentrates in the thyroid <sup>2</sup> where it can be detected with a 42/44 probe.
$^{51}\text{Cr}$	27.7d	$\gamma$ X-ray	0.32 0.005	42/44 B are best but type A is OK	337m (for 99% reduction)	Lead HVL = 1.7mm	0.5-1 cm lead	When this thickness of lead is not practical, use thinner sheets or leaded Perspex, but minimise time and maximise distance.

1

### Half Value Layer

The shield thickness necessary to reduce exposure by 50%. Varies according to shielding material.



2

