Radioactivity Bench Limits for Low Level Areas

H-3 200 MBq =
$$5.4$$
 mCi
C-14 S-35 100 MBq = 2.7 mCi
P-33 10 MBq = 0.27 mCi (adequately shielded)
I-125 10 MBq = 0.27 mCi (adequately shielded)