## **CLS PhD Student**

## The results are grouped by stressor, and the average score is shown for each question associated with that stressor

Demands	Question	Average	Question	Average		g very well - need to maintain performance
Demanus	3 Different groups at work demand things from me that are hard to combine	3.65	Relationships  5 I am subject to personal harassment in the form of unkind words or behaviour	4.35	Good	resents those at, above or close to the 80th percentile d, but need for improvement. Represents those better than age but not at, above or close to the 80th percentile d
	6 I have unachievable deadlines	3.70	14 There is friction or anger between colleagues	4.00	Clea	r need for improvement. Represents those likely to be below
	<b>g</b> I have to work very intensively	2.05	21 I am subject to bullying at work	4.65		age but not at, below or close to the 20th percentile <sup>†</sup> int action needed. Represents those at, below or close to the percentile <sup>†</sup>
	12 I have to neglect some tasks because I have too much to do	3.20	34 Relationships at work are strained	3.60		
	16 I am unable to take sufficient breaks 18 I am pressured to work long hours	3.80 3.00	Overall 20 (130%) or the staff included in this query and who responded	4.15		
	20 I have to work very fast 22 I have unrealistic time pressures Overall	2.65 3.45 3.19	report that they are always, often or sometimes bullied.  Role  1 I am clear what is expected of me at work 4 I know how to go about getting my job done 11 I am clear what my duties and responsibilities are 13 I am clear about the goals and objectives for	4.15 4.15 4.20 4.00		ychosocial Working Conditions in Britain in 2004 ter: Role=PhD Student (n=20, 8.7%)
Control	2 I can decide when to take a break	4.00	my department  17 I understand how my work fits into the overall			
	_	4.20	aim of the organisation			
	10 I have a say in my own work speed 15 I have a choice in deciding how I do my work	3.50 3.75	Overall	4.11		
	19 I have a choice in deciding what I do at work	3.65	Change			
	25 I have some say over the way I work	4.05	26 I have sufficient opportunities to question managers about change at work	3.50		
	30 My working time can be flexible	4.00	28 Staff are always consulted about change at work	3.10		
	Overall	3.86	32 When changes are made at work, I am clear how they will work out in practice	3.30		
Managers'	Support		Overall	3.30		
•	I am given supportive feedback on the work I do	3.60				
	23 I can rely on my line manager to help me out with a work problem	3.65	5.00			
	29 I can talk to my line manager about something that has upset or annoyed me about work	3.50	4.50			
	33 I am supported through emotionally	3.30	3.50		■Your Results	
	demanding work  35 My line manager encourages me at work	3.60	3.00		Suggested Interim T	
Overall		3.53	2.50	erm Target		
Peer Supp	7 If work gets difficult, my colleagues will help me	3.95	1.50			
	24 I get help and support I need from colleagues	4.20	trends control support support metalists today	nge		
	27 I receive the respect at work I deserve from my colleagues	4.15	1.00 denards control gentand agentation goe	Thange		
	31 My colleagues are willing to listen to my work-related problems	4.25	Herba			
	Overall	4.14				

<sup>†</sup> Compared with results from 'Psychosocial Working Conditions in Britain in 2004' (see the HSE MS Analysis Tool User Manual for more information and for caveats regarding interpretation of results)

	Part 1 - Number of staff who selected each response								
1	1 I am clear what is expected of me at work;		Seldom 0	Sometimes 1	Often 15	Always 4			
	. a creaa. co.peecea crc ac,	Never	Seldom	Sometimes	Often	Always			
2	I can decide when to take a break;	0	1	2	9	8			
2	Different groups at work demand things from me	Never 3	Seldom	Sometimes	Often	Always			
3	Different groups at work demand things from me that are hard to combine;	<u> </u>	10	4	3	0			
1	I know how to go about getting my job done;	Never 0	Seldom 0	Sometimes 2	Often 13	Always 5			
4	T Know now to go about getting my job done,		-						
5	I am subject to personal harassment in the form of unkind words or behaviour;	Never 9	Seldom 10	Sometimes 0	Often 1	Always 0			
		Never	Seldom	Sometimes	Often	Always			
6	I have unachievable deadlines;	4	9	4	3	0			
		Never	Seldom	Sometimes	Often	Always			
7	If work gets difficult, my colleagues will help me;	0	1	7	4	8			
		Never	Seldom	Sometimes	Often	Always			
8	I am given supportive feedback on the work I do;	0	3	5	9	3			
0	I have to week war interestination	Never	Seldom	Sometimes	Often	Always			
9	I have to work very intensively;	0	0	5	11	4			
10	I have a say in my own work speed	Never 0	Seldom 1	Sometimes 9	Often 9	Always 1			
. 0	mare a ca, iii ii, ciiii welk opeca		<u> </u>		<del>-</del>	<u> </u>			
11	I am clear what my duties and responsibilities are	Never 0	Seldom 1	Sometimes 2	Often 9	Always 8			
		Never	Seldom	Sometimes	Often	Always			
12	I have to neglect some tasks because I have too much to do	1	8	5	6	0			
		Never	Seldom	Sometimes	Often	Λίννονο			
13 Iam	I am clear about the goals and objectives for my	0	1	2	13	Always 4			
	department	Never	Seldom	Sometimes	Often	Always			
14	There is friction or anger between colleagues	7	7	5	1	0			
		Never	Seldom	Sometimes	Often	Always			
15	I have a choice in deciding how I do my work	0	1	5	12	2			
4.0	Large complete to take a officient brooks	Never	Seldom	Sometimes	Often	Always			
16	I am unable to take sufficient breaks	3	12	3	2	0			
17 I	I understand how my work fits into the overall aim	Never 0	Seldom 1	Sometimes 2	Often 12	Always 5			
• • •	of the organisation	Ū			12				
		Never	Seldom	Sometimes	Often	Always			
18	I am pressured to work long hours	2	6	4	6	2			
4.0		Never	Seldom	Sometimes	Often	Always			
19	I have a choice in deciding what I do at work	0	2	6	9	3			
20	I have to work very fact	Never	Seldom 1	Sometimes	Often	Always			
20	I have to work very fast	0	1	11	8	0			

	Never	Seldom	Sometimes	Often	Always
21 I am subject to bullying at work	14	5	1	0	0
	Never	Seldom	Sometimes	Often	Always
22 I have unrealistic time pressures	3	7	6	4	0
	Never	Seldom	Sometimes	Often	Always
23 I can rely on my line manager to help me out wit		3	4	6	6
a work problem					
	Strongly				Strongly
	disagree	Disagree	Neutral	Agree	agree
24 I get help and support I need from colleagues	0	0	2	12	6
	Strongly				Strongly
OF these serves serves the survey to the	disagree	Disagree	Neutral	Agree	agree
25 I have some say over the way I work	0	2	1	11	6
	Strongly			_	Strongly
26 I have sufficient opportunities to question	disagree 0	Disagree 3	Neutral 7	Agree 7	agree 3
managers about change at work		J	1		3
<b>.</b>	<b>.</b>				O4 :
	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
27 I receive the respect at work I deserve from my	0	0	3	11	6
colleagues					
	Strongly				Strongly
	disagree	Disagree	Neutral	Agree	agree
28 Staff are always consulted about change at worl	k 1	3	10	5	1
	Strongly				Strongly
	disagree	Disagree	Neutral	Agree	agree
29 I can talk to my line manager about something that has upset or annoyed me about work	1	3	5	7	4
that has upset of annoyed the about work					
	Strongly	5.			Strongly
30 My working time can be flexible	disagree 1	Disagree 0	Neutral 4	Agree 8	agree 7
oo wy working time out be noxible	<u> </u>				, ,
	Strongly	D:	Mandaal	Δ	Strongly
31 My colleagues are willing to listen to my work	disagree 0	Disagree 0	Neutral 1 1	Agree 13	agree 6
related problems		<u> </u>	<u> </u>		
	Strongly				Strongly
	disagree	Disagree	Neutral	Agree	agree
32 When changes are made at work, I am clear how		2	7	10	0
they will work out in practice	Strongly				Strongly
	disagree	Disagree	Neutral	Agree	agree
33 I am supported through emotionally demanding	1	3	6	9	1
work					
	Strongly				Strongly
24. Deletionships at work are attacked	disagree	Disagree	Neutral	Agree	agree
34 Relationships at work are strained	5	5	7	3	0
	Strongly				Strongly
OF Muline manager and and a state of	disagree	Disagree	Neutral	Agree	agree
35 My line manager encourages me at work	2	1	4	9	4

## Part 2 - Results grouped by stressor

		Stressors						
	Percentage			Managers'	Peer			
	Returned	Demands	Control	Support	Support	Relationships	Role	Change
CLS PhD Student	N/A	64%	77%	71%	83%	83%	82%	66%
	_	_		-	<del>-</del>	-		-
University Staff Overall (Jan/Feb 2005)	28%	64%	77%	70%	76%	80%	82%	63%
	_	_		-				
Safety Services prop	80%	80%	80%	80%	80%	80%	80%	

- **0** staff report that they are always or often bullied.
- 17 staff report that they are always or often bullied.